

Grand Island VA Programs – PGY1 and PGY2

Kristen Grimaldi – Grand Island PGY2 Resident

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- **Hometown:** Omaha, NE
- **College:**
 - Undergraduate: Northwest Missouri State University
 - COP: University of Nebraska Medical Center
- **PGY1 Residency:**
 - VA Nebraska-Western Iowa Health Care System – Grand Island Division
- **Why the VA:** The VA is progressive in that it allows pharmacists to practice at the top of their license while collaborating with other health care professionals. Residents are given the opportunity to not only serve our country's Veterans but also learn directly from experienced clinical pharmacists while managing the core disease states. The Clinical Pharmacy Specialists at the Grand Island VA have a wide scope of practice which makes it possible to tailor the program to a resident's interests.
- **Favorite thing about GIVA that I didn't know before the match:** In addition to providing outstanding care for our Veterans, the GIVA pharmacists and technicians create a welcoming and positive environment that is conducive to learning. During my PGY1 training at GIVA, I was constantly reminded of how supportive the pharmacy staff, preceptors, and program director were of their residents. This played a huge role in my decision to early commit to the GIVA PGY2 program. It truly is a hidden gem of a program.
- **Residency Project:** Expansion of pharmacist clinical services by implementing a pharmacist managed endocrine specialty hub in a Veterans Affairs Medical Center
- **Career Interests:** Ambulatory Care – I enjoy managing chronic disease states such as diabetes, hypertension, hyperlipidemia, and smoking cessation, which are often seen in PACT clinic. My other clinical interests include anticoagulation and endocrinology. Another passion of mine is academia, which I hope to incorporate in my career through precepting students and residents in a clinical setting. My long term goal is to become faculty at a college of pharmacy.
- **What I enjoy about Grand Island:** Grand Island has a small town feel with the amenities of a city. In my free time, I enjoy biking on trails in Grand Island and Kearney and trying new restaurants with my husband. The 5 minute commute to work is also a major perk of living here!



Madison Wolters – Grand Island PGY1 Resident

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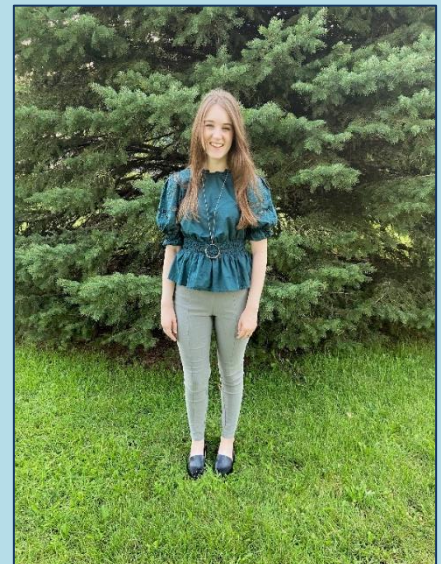
- **Hometown:** Fergus Falls, Minnesota
- **College:**
 - Undergraduate: University of Wisconsin – Madison,
 - COP: University of Wisconsin - Madison
- **Why the VA:** All through pharmacy school I knew I wanted to pursue a residency with the VA because pharmacists are able to practice at the top of their license and work directly with other healthcare providers to provide the best care to our nation's Veterans. Pharmacists function as mid-level providers and are able to run their own clinics, make medication changes, order labs, and manage multiple disease states. As an incoming Resident I knew I would get the best learning experiences in primary/ambulatory care within the VA Health Care System.
- **Favorite Thing about GIVA that I didn't know before the match:** From the first day I arrived at GIVA I felt comfortable and welcomed. All of the pharmacy staff are incredible practitioners, and they want to teach Residents. The Residency Program Director is one of the nicest people, and she will do everything possible to help Residents succeed. It's an all-around welcoming and uplifting environment.
- **Residency Project:** Trends in Outpatient Pharmacy Mental Health Encounters During the COVID-19 Pandemic
- **Career Interests:** I am planning to pursue a PGY2 in either ambulatory care or mental health, become board certified, and work for the VA when I am finished.
- **What I enjoy about Grand Island:** I enjoy the diversity of restaurants and the shopping opportunities! Also the Nebraska State Fair is in Grand Island, which is held at the end of August. Coming from a city of 250,000+ people, it is refreshing to be living in a smaller city again.



Kyndall Stegman – Grand Island PGY1 Resident

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- **Hometown:** Olathe, KS
- **College:**
 - Undergraduate: University of Kansas
 - COP: University of Kansas
- **Why the VA:** The VA provides many opportunities for interdisciplinary collaboration and it's such a friendly environment. Employees and veterans are always greeting you in the hall or elevator! Pharmacy is well-established as a large part of the care team, and we are able to be directly involved in disease state management.
- **Favorite Thing about GIVA that I didn't know before the match:** The pharmacy team are not only invested in us as residents, but also as individuals and are always checking in to ask about our weekend or when we're visiting our families and making sure we aren't too overwhelmed. It's really great to have that support throughout this year.
- **Residency Project:** Effect of Pharmacist Intervention on Obesogenic Medications within VA Nebraska-Western Iowa Health Care System



- **Career Interests:** I enjoy managing chronic disease states, with interests in cardiology, endocrinology, academia, and geriatrics. I hope to become an ambulatory care pharmacist and precept students in the future.
- **What I enjoy about Grand Island:** Having not been to Grand Island prior to residency, the small-town feel has made it easier to navigate the city, but it also has many of the same amenities as back home. I've enjoyed exploring the town and nearby areas and finding local restaurants.

Omaha VA Program – PGY1 Residents

Sarah Chase

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Dr. Chase was born in Breckenridge, Minnesota and raised in Wahpeton, North Dakota. She completed her pre-pharmacy coursework and earned her Doctorate of Pharmacy degree from North Dakota State University in Fargo, ND. After completing her residency at the Omaha VA, she hopes to pursue a career as a clinical pharmacist in acute care. Some of her current areas of interest include internal medicine, psychiatry, and critical care. She also hopes to become board certified and serve as a preceptor to pharmacy students. Her hobbies include, attending NDSU football games, spending time with family and friends, biking, and yoga.



Amanda Enyart

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Dr. Enyart was born and raised in Roeland Park, Kansas. She completed her pre-pharmacy undergraduate studies and earned her Doctor of Pharmacy Degree at the University of Kansas. After her residency she hopes to pursue a PGY2 in ambulatory care. Outside of pharmacy she enjoys reading, people watching, hiking, eating good food and spending time with her friends and family.



Kaitlin Parker

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Dr. Parker was born and raised in Shawnee, Kansas. She completed her pre-pharmacy curriculum and earned her Doctor of Pharmacy from the University of Kansas in Lawrence, KS. Upon completion of her residency at the Omaha VA, she plans to either pursue a PGY2 residency or a clinical pharmacy position. In her free time, she enjoys reading, spending time with her dog, Brinkley, and cheering on the Kansas Jayhawks, KC Chiefs, and KC Royals.



Ellie Thompson

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Dr. Thompson was raised in the rural town of Fullerton, Nebraska. She completed her pre-pharmacy studies at the University of Nebraska at Kearney. She went on to attend the University of Nebraska Medical Center college of Pharmacy where she earned a Doctorate of Pharmacy. After completion of residency at the Omaha VA, she will pursue a career as a clinical pharmacist in ambulatory care. She



hopes to precept pharmacy students and plans to pursue board certification in ambulatory care. In her free time she enjoys traveling, kayaking, golfing, and spending time with her husband, Drew, and miniature dachshund, Hazel.

Lincoln VA Program – PGY1 Residents



Megan Meier

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Dr. Meier was born in Festus, Missouri where she lived with her family until she was 8 years old. Her family then moved to Colorado Springs, Colorado. She completed her pharmacy prerequisites at Colorado State University. She went on to attend the University of Wyoming School of Pharmacy where she earned a Doctor of Pharmacy. After completion of residency at the Lincoln VA, she will pursue a career as a clinical pharmacist in ambulatory care or work in management/administration. Her hobbies include running, golfing, horseback riding, all things sports, as well as spending time with family and friends.

Dominic Poeppel

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Dr. Poeppel is originally from Rapid City, SD. He moved to Lincoln NE, and received his Bachelor of Science degree in Biology in 2017. In May, he graduated from the University of Nebraska Medical Center with a pharmacy degree. His professional interests include working with patients to improve mental health disorders, oncology, and general chronic disease states, such as diabetes and hypertension. In his free time, he enjoys hiking, rock climbing, biking, and spending time with family and friends.